



PEACE LEADER

Course Description

The **Peace Leader Certification** is an applied six-month online introduction to the role and practices of a **Peace Leader**. The program endeavors to integrate selected best practices from peace studies and leadership studies. As **Peace Leaders in training**, students will examine and practice personal and communal skills and values that are foundational for nurturing a **Culture of Peace**. The Certification is designed around three core themes of Self-awareness and Cultural awareness; Conflict resolution and reconciliation; and Servant-leadership. Each theme is presented with theory and applied exercises designed to enhance the student's awareness, skill, and familiarity with foundational methods and practices for Peace Leader development. The program culminates with a final project in which students apply Peace Leader principles and practices to address a collective concern within a local community.

The Peace Leader course is designed with the following five units:

1. Introduction to Peace Leader in Training
2. Self-Care and Conflict Coaching as a Peace Leader
3. Conflict
4. Forming an Integrative Peace Leader Disposition
5. You As a Peace Leader in Training

COURSE CERTIFICATE: Certificate Awarded by the Institute of Peace and International Relations at the Hekima University College, Nairobi, Kenya.

COURSE DELIVERY

Delivery of the program will be both classroom-based and online.

Following the completion of this course, students will engage in a Practicum Experience. This 40- hour experiential learning practicum will conclude the work required by the students.

COURSE TIMEFRAME

This six-month course will encompass 600 hours of instruction and a practicum experience encompassing 40 hours during the last two months.

COURSE DESIGN: IGNATIAN PEDAGOGY

Ignatian Pedagogy was used in course design and curriculum development. Intentionally creating for authenticity, interaction, personal engagement, and continuous reflection. This framework includes these five key teaching elements, context, experience, reflection, action, and evaluation.

LEARNING SUPPORT

ONSITE FACILITATOR: This course will have an onsite facilitator to facilitate the learning of the onsite content, assess onsite individual and group work, and coordinate group meetings. The onsite facilitator will be responsible for 25% of the learning onsite.

ONLINE FACILITATOR: This course will have an online instructor who will teach the online section of the course, and grade all online discussion, activities, and assignments. The online facilitator will facilitate 75% of the course. (The Online Facilitator is required to have a degree related to the course content.)

Both the onsite and online facilitators will need to communicate with each other throughout the course to support and accompany the learners.

PREREQUISITE COURSES: High School completion and English Proficiency at B1 CEFR

Course Outcomes:

- A. Assess and identify the cultural context in which conflict exists
- B. Articulate the values of a Peace Leader
- C. Demonstrate skills for self-awareness practices in peace leadership
- D. Evaluate the issues within the conflict for possible resolution
- E. Determine possible resolutions, and models for change
- F. Use conflict analysis tools and skills
- G. Identify resources needed to carry out resolve conflicts
- H. Provide guidance and strategic planning to mitigate the existence of conflict
- I. Develop coaching, mediation and conflict resolution skills

COURSE UNITS/WEEKS:

Unit 1: Introduction to Peace Leaders in Training
Week 1: Introduction to Peace Leaders in Training
Week 2: Nurturing Safety and Trust
Unit 2: Self-Care and Conflict Coaching as a Peace Leader
Week 3: Leading towards a “Culture of Peace”
Week 4: Knowing Myself as a Peace Leader
Week 5: Who Am I In Conflict?
Week 6: Leading Myself as a Peace Leader: The challenges of Self-Care
Week 9: Peer Coaching
Unit 3: Conflict
Week 10: Introduction to the Theory of Conflict
Week 11: Understanding Culture and Conflict
Week 12: Using Conflict Analysis Tools
Week 13: Conflict Stages
Week 14: Conflict Intervention Approaches and Human Rights
Week 15: Mediation
Week 16: Reconciliation and Forgiveness
Week 17: Elders and Peace Leading
Unit 4: Forming an Integrative Peace Leader Disposition
Week 18: Peace Leader as Servant Leader
Week 19: Servant Leadership and Human Development
Week 20: On Listening-First
Week 21: Holistic Listening

Unit 5: You as a Peace Leader in Training

Week 22: Pathfinding

Week 23: Systems Thinking and Becoming a Peace Leader

Week 24: Final Project Presentations

Practicum Experience

Week 7: The Shadow of the Self

Week 8: Conflict Coaching as a Peace Leader

