



YOUTH SPORTS FACILITATOR

Course Description

This course trains refugee and host community facilitators to create, manage and sustain a youth sports program in marginalized communities with an emphasis on forcibly displaced populations.

The course is designed to introduce participants to the fundamentals of planning, implementing and evaluating a youth sports program focusing on the development of leadership, collaboration, fairness, tolerance, and responsibility for youth between the ages of 14-24 years in a supportive, fun and healthy environment. Facilitators will engage youth by bolstering their physical emotional and psychological well-being, build ethical mindsets, teamwork, sportsmanship, and moral character.

Participants will learn how to build a sense of safety and security with a focus on protection, inclusiveness of gender, conflict management, psycho-social first-aid, understanding referral pathways, and building cross-cultural relationships among youth. The Youth Sports Program will become a vehicle to transform a community through the interactions that young people and others in their communities – including host communities – have through sports. Facilitators will develop skills to inspire leadership and team-building skills in youth through their participation in sports.

COURSE CERTIFICATE: Certificate Awarded by Metropolitan State University of Denver, USA.

<https://msudenver.edu/>

COURSE DELIVERY:

Blended delivery, both classroom-based and online.

In order to complete this course students will engage in a Practicum Experience. This 80- hour experiential learning practicum will conclude the work required by the students.

COURSE TIMEFRAME:

This six-month course will encompass 480 hours of study and a practicum experience of 80 hours.

COURSE DESIGN: IGNATIAN PEDAGOGY

Ignatian Pedagogy is used in course design, focusing on authenticity, interaction, personal engagement and continuous reflection. This pedagogical framework includes these five key teaching elements: context, experience, reflection, action and evaluation.

LEARNING SUPPORT

ONSITE FACILITATOR: This course will have an onsite facilitator to support the learners in the learning center and coordinate group meetings, discussions, activities and assignments. The onsite facilitator grades 25% of the learning on ground and onsite.

ONLINE FACILITATOR: This course online instructor interacts online through the LMS with the learners, engages them and grade all online discussion, activities and assignments. The online facilitator grades 75% of the course. (The Online Facilitator is required to have a degree related to the course content.)



Both the onsite and online facilitators will need to communicate with each other throughout the course to support and accompany the learners.

PREREQUISITES: High School completion and English Proficiency at B1 CEFR

COURSE OBJECTIVES:

- A. Demonstrate an understanding of youth development models, theories, methodologies and approaches for working with youth
- B. Explore the strategies of psychosocial first-aid for youth to provide a safe, supportive and healthy environment
- C. Explain how sports can be used as a means for protection and development of youth
- D. Examine how sports can be a vehicle to engage and develop character, self-identity, resilience, leadership, empowerment and cross-cultural relationships among youth
- E. Develop a strategy to create, manage and sustain a youth sports program
 - i. Develop and execute a project management plan
 - ii. Develop skills to create a cohesive working team
 - iii. Examination of personal values and experiences and as it relates to the creation of a youth sports program
- F. Describe an inclusive environment with a focus on gender, disability and LGBTQ
- G. Foster community engagement through the development of individual and team youth sports
- H. Explore approaches to conflict management and resolutions
- I. Examine standards for minimizing risk and injury prevention in sports

COURSE UNITS

In order to achieve the previous objectives, the course is composed into the following twelve units:

- 1. Introduction to the Concept of Youth
- 2. Project Management
- 3. Understanding Youth Issues
- 4. Getting Started with a Sports Program
- 5. Working with Young People
- 6. Building Psychosocial Support and Protection of Youth
- 7. Sports Approaches and Methods for Development
- 8. Injury Prevention and Minimizing Risk
- 9. Community Support and Communication
- 10. Managing Conflict and Building Peace
- 11. Sustainability and Program Evaluation
- 12. Presentation of Final Projects