



JESUIT WORLDWIDE LEARNING
HIGHER EDUCATION AT THE MARGINS

YOUTH SPORTS FACILITATOR

Course Description

This course trains refugee and host community facilitators to create, manage and sustain a youth sports program in marginalized communities with an emphasis on forcibly displaced populations.

The course is designed to introduce participants to the fundamentals of planning, implementing and evaluating a youth sports program focusing on the development of leadership, collaboration, fairness, tolerance, and responsibility for youth between the ages of 14-24 years in a supportive, fun and healthy environment. Facilitators will engage youth by bolstering their physical emotional and psychological well-being, build ethical mindsets, teamwork, sportsmanship, and moral character.

Participants will learn how to build a sense of safety and security with a focus on protection, inclusiveness of gender, conflict management, psycho-social first-aid, understanding referral pathways, and building cross-cultural relationships among youth. The Youth Sports Program will become a vehicle to transform a community through the interactions that young people and others in their communities – including host communities – have through sports. Facilitators will develop skills to inspire leadership and team-building skills in youth through their participation in sports.

COURSE CERTIFICATE: Certificate Awarded by Metropolitan State University of Denver, USA.

<https://msudenver.edu/>

COURSE DELIVERY:

Blended delivery, both classroom-based and online.

In order to complete this course students will engage in a Practicum Experience. This 80- hour experiential learning practicum will conclude the work required by the students.

COURSE TIMEFRAME:

This six-month course will encompass 480 hours of study and a practicum experience of 80 hours.

COURSE DESIGN: IGNATIAN PEDAGOGY

Ignatian Pedagogy is used in course design, focusing on authenticity, interaction, personal engagement and continuous reflection. This pedagogical framework includes these five key teaching elements: context, experience, reflection, action and evaluation.

LEARNING SUPPORT

ONSITE FACILITATOR: This course will have an onsite facilitator to support the learners in the learning center and coordinate group meetings, discussions, activities and assignments. The onsite facilitator grades 25% of the learning on ground and onsite.

ONLINE FACILITATOR: This course online instructor interacts online through the LMS with the learners, engages them and grade all online discussion, activities and assignments. The online facilitate grades 75% of the course. (The Online Facilitator is required to have a degree related to the course content.)



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Both the onsite and online facilitators will need to communicate with each other throughout the course to support and accompany the learners.

PREREQUISITES: High School completion and English Proficiency at B1 CEFR

COURSE OBJECTIVES:

- A. Demonstrate an understanding of youth development models, theories, methodologies and approaches for working with youth
- B. Explore the strategies of psychosocial first-aid for youth to provide a safe, supportive and healthy environment
- C. Explain how sports can be used as a means for protection and development of youth
- D. Examine how sports can be a vehicle to engage and develop character, self-identity, resilience, leadership, empowerment and cross-cultural relationships among youth
- E. Develop a strategy to create, manage and sustain a youth sports program
 - i. Develop and execute a project management plan
 - ii. Develop skills to create a cohesive working team
 - iii. Examination of personal values and experiences and as it relates to the creation of a youth sports program
- F. Describe an inclusive environment with a focus on gender, disability and LGBTQ
- G. Foster community engagement through the development of individual and team youth sports
- H. Explore approaches to conflict management and resolutions
- I. Examine standards for minimizing risk and injury prevention in sports

COURSE UNITS

In order to achieve the previous objectives, the course is composed into the following twelve units:

1. Introduction to the Concept of Youth
2. Project Management
3. Understanding Youth Issues
4. Getting Started with a Sports Program
5. Working with Young People
6. Building Psychosocial Support and Protection of Youth
7. Sports Approaches and Methods for Development
8. Injury Prevention and Minimizing Risk
9. Community Support and Communication
10. Managing Conflict and Building Peace
11. Sustainability and Program Evaluation
12. Presentation of Final Projects